

# Free Fall Classes



## CENTRAL VALLEY VIEW COMMUNITY RESOURCE CENTER

4145 South 3920 West, West Valley City



### UKULELE - TUES

Learn to play the Ukulele with free group lessons. For beginning and intermediate students.

6th Grade and Older

### ART & PAINTING - THURS

Learn the magical skills of painting and experience art at its best.

6th Grade and Older

### CHILDREN'S LITERACY- TUES AND/OR THURS

To improve reading skills through stories, books and fun activities. This class is taught in English and designed for children whose parents are enrolled in the ESL class. All Children of elementary school age are welcome.

For elementary age students.

NEW!

### COOKING ON A BUDGET - TUES

Save time and money by getting back to basics cooking fast, easy, healthy & delicious meals that can even sustain you in an emergency,

18 years or older.

### ENGLISH - TUES AND THURS

Learn English as a Second Language to improve your English skills. Classes are taught in small groups.

6th Grade and Older

### SPANISH - THURS

Learn Spanish as a Second Language. Classes are taught in small groups.

6th Grade and Older

### YOGA

Come de-stress, stretch, improve balance and learn breathing techniques.

Classes are taught at 9am Saturday mornings.

6th Grade and Older

### BASIC SEWING - TUES OR THURS

Learn how to use a sewing machine, make fun projects and learn techniques for common mending needs.

8th Grade and Older

### PERSONAL FINANCE - TUES

This 4 week course teaches how to better manage your individual and/or family finances.

18 or older and for married couples.

### BEGINNING PIANO - TUES OR THURS

Free individual beginning piano lessons.

2nd through 12th Grades

**CLASS DATES:**  
**September 9 to**  
**November 6, 2025**

